

*The Fortnightly*  
**REVIEW**  
**OF THE CHICAGO DENTAL SOCIETY**

*Number 1*  
*July 1, 1952*  
*Volume 24*

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**EDWARD J. SULLIVAN**  
**KARL S. RICHARDSON**

**EDITOR**  
**BUSINESS MANAGER**

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Manuscripts and news items of interest to the membership of the society are solicited.

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July-Dec  
1952

TAKE IT EASY, DOC,  
DON'T OVERDO IT!



Pages that are missing in this volume were removed because they contained advertisements.





# *The Fortnightly* REVIEW

## OF THE CHICAGO DENTAL SOCIETY

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*Volume 24*

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Support the  
Interprofessional  
Committee!

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**OF THE CHICAGO DENTAL SOCIETY**

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*Aug. 1, 1952*

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*Announcement*  
**EXTRAORDINARY!**

We are pleased to announce  
that

**Mr. David "Dan" Robin**

for the past thirty-five years recognized by the entire laboratory industry as its best denture technician, is now associated with us.

Our entire Denture Department will be under Mr. Robin's supervision.

For the utmost in prosthetic craftsmanship,

**Dan welcomes you to**

**STANDARD**

The laboratory that satisfaction built—and is  
still building.



**STANDARD DENTAL LABORATORIES OF CHICAGO, INC.**

225 N. WABASH AVENUE, CHICAGO 1, ILL.

Established 1922

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# *The Fortnightly* **REVIEW** OF THE CHICAGO DENTAL SOCIETY

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*Good went to dental school  
And got a lot of wisdom  
But then forgot the golden rule:  
A working recall system!*



# *The Fortnightly'* REVIEW

## OF THE CHICAGO DENTAL SOCIETY

Number 5

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*Mr. Patient got some teeth,  
He talked, he chewed, he ate,  
But Dr. Fixum didn't give  
A previous estimate.*

# *The Fortnightly* **REVIEW** **OF THE CHICAGO DENTAL SOCIETY**

*Number 6*  
*Sept. 15, 1952*  
*Volume 24*

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# THE CALENDAR

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- September 16:** ENGLEWOOD BRANCH: Regular monthly meeting at Nielsen's Restaurant, 8:00 p.m. The program will feature a four-man panel symposium on "Fluoridation."
- October 6:** KENWOOD-HYDE PARK BRANCH: Regular monthly meeting at the Sherry Hotel, dinner at 6:30 p.m. The speaker will be Dr. Robert Appleman; his subject, "Preparation of a Patient for Full Upper and Lower Dentures."
- October 6:** NORTH SIDE BRANCH: Regular monthly meeting at the Edgewater Beach Hotel. Dr. Eli A. Green will talk on "Practical Facts in Periodontia." Also, the run-off election for the office of treasurer will take place.
- October 14:** ENGLEWOOD BRANCH: Second fall meeting will be held at Nielsen's Restaurant. Dr. Balint Orban will be the essayist.
- October 14:** NORTHWEST SIDE BRANCH: First fall meeting. The meeting site and further information will be published in the October 1 issue.
- October 14:** WEST SUBURBAN BRANCH: First monthly meeting of the season. Full details will appear in the October 1 issue.
- October 21:** CHICAGO DENTAL SOCIETY: First monthly meeting of the 1952-1953 season will be held in the North Ballroom of the Conrad Hilton Hotel. Detailed information will be given in the October 15 issue of this magazine.

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**"COME AND SEE IN '53!"**  
**Chicago Dental Society Midwinter Meeting**  
**Conrad Hilton Hotel**  
**Feb. 8 through 11**

# *The Fortnightly* REVIEW

## OF THE CHICAGO DENTAL SOCIETY

*Number 7*

*Oct. 1, 1952*

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the Temporomandibular Articulation  
*By Bernard D. Katz, D.D.S., Chicago, Illinois*

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- October 6:** WEST SUBURBAN BRANCH: Round Table meeting at Oak Park Club at 12:00 noon. Dr. Robert Tanis will present "Case Presentation for the Patient."
- October 7:** KENWOOD-HYDE PARK BRANCH: Regular monthly meeting at the Sherry Hotel. Dr. Robert Appleman will be the essayist and his subject will be "Preparation of a Patient for Full Upper and Lower Dentures." Dr. Samson L. Flores will present a table clinic—"Surgical Prostheses as We Know Them Today."
- October 7:** SOUTH SUBURBAN BRANCH: Regular monthly meeting at Chuck Cavallini's in Midlothian.
- October 14:** ENGLEWOOD BRANCH: Regular monthly meeting at Nielsen's Restaurant, 8:00 p.m. The essayist will be Dr. Balint Orban; his topic, "Occlusion in Periodontia in General Practice." He will illustrate his lecture with slides.
- October 14:** NORTHWEST SIDE BRANCH: Regular monthly meeting at Normennenes Singing Society, 2414 N. Kedzie Blvd., with dinner at 6:00 p.m. Dr. LaMar W. Harris will be the speaker; his subject, "Fillings to Dentures—the ABC's of Plastics." Also, our congressman, the Honorable Timothy Sheehan will talk on "Vital Dental Legislation."
- October 14:** NORTH SUBURBAN BRANCH: Regular monthly meeting at the Georgian Hotel. The essayist, Dr. Maury Massler, head of the graduate pedodontic division at the University of Illinois; his topic, "Recent advances in Topical Fluoride Application"—separating fact and fancy; water fluoridation.
- October 14:** WEST SIDE BRANCH: Regular monthly meeting at the Midwest Hotel, 1 N. Hamlin Ave. Drs. William J. Sone and Myer Hamlin will present a talk and technicolor movie on "The Implant Denture." Cocktail hour, 6:00 to 7:00 p.m.; dinner at 7:00; program at 8:00.
- October 14:** WEST SUBURBAN BRANCH: Regular monthly meeting at the Oak Park Club. Dr. Arthur Elfenbaum will be the speaker and his subject will be "The Use and Abuse of the Dental Roentgenogram."
- October 21:** CHICAGO DENTAL SOCIETY: First monthly meeting of the 1952-1953 season will be held in the North Ballroom of the Conrad Hilton Hotel, 8:00 p.m.

# *The Fortnightly* **REVIEW** OF THE CHICAGO DENTAL SOCIETY

*Number 8*

*Oct. 15, 1952*

*Volume 24*

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- November 3:** WEST SUBURBAN BRANCH: Round Table meeting at Oak Park Club at 12:00 noon. Dr. Eli A. Green will talk on "Practical Facts in Periodontia."
- November 4:** KENWOOD-HYDE PARK BRANCH: Regular monthly meeting at the Sherry Hotel. Dr. Arthur Elfenbaum will be the essayist; his topic, "Diagnosis—The Key to Practical Management." Also, he will present a table clinic on "Clinical Photography for the Dentist."
- November 5:** ILLINOIS UNIT OF THE AMERICAN SOCIETY OF DENTISTRY FOR CHILDREN: Annual children's dental health day scientific program at the University of Illinois College of Dentistry. Outstanding speakers in the morning, with table clinics in the afternoon. A light luncheon will be served. Registration, \$3.00. Contact Dr. A. Malone, 501 N. Franklin, River Forest, telephone Forest 9-9079, for full information.
- November 5:** XI PSI PHI ALUMNI: The Chicago chapter will hold its annual meeting and election of officers at Ballantine's Restaurant, 1207 N. Dearborn St., at 6:30 p.m. Mr. August Kayne, special agent for the FBI, will be the guest speaker. His subject, "The FBI at Work."
- November 9, 10, 11, 12:** NEW ORLEANS DENTAL ASSOCIATION: Fifth annual dental conference will be held in the Roosevelt Hotel, New Orleans. Dr. M. R. Matta, Sec'y., 629 Maison Blanche Bldg., New Orleans.
- November 10:** UNIVERSITY OF ILLINOIS: First of this season's Telephone Extension Programs; the subject, "Exodontia."
- November 11:** ENGLEWOOD BRANCH: Regular monthly meeting at Nielsen's Restaurant. A short Armistice Day program will be followed by a talk by Mr. James Pratt on "Current Financial Investment Problems"
- November 11:** WEST SUBURBAN BRANCH: Regular monthly meeting at Oak Park Club. Complete information will be published in November 1 issue.
- November 12:** NORTH SUBURBAN BRANCH: Annual clinic day at the Georgian Hotel. Detailed information will be given in the November 1 issue.
- December 3:** NORTH SIDE BRANCH: Annual clinic day at Edgewater Beach Hotel, with Limited attendance clinics in the morning and table clinics and commercial exhibits in afternoon—dinner and speaker in evening.

# *The Fortnightly* **REVIEW** OF THE CHICAGO DENTAL SOCIETY

*Number 9*  
*Nov. 1, 1952*  
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- November 4:** KENWOOD-HYDE PARK BRANCH: Regular monthly meeting at the Sherry Hotel. Dr. Arthur Elfenbaum will be the essayist; his topic, "Diagnosis—The Key to Practical Management." Also, he will present a table clinic on "Clinical Photography for the Dentist."
- November 4:** SOUTH SUBURBAN BRANCH: Regular meeting at Chuck Cavallini's in Midlothian. A prominent speaker will be featured.
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- November 10:** UNIVERSITY OF ILLINOIS: First of this season's Telephone Extension Programs; the subject, "Exodontia." A detailed account of this and future meetings is published on page 18.
- November 11:** ENGLEWOOD BRANCH: Regular monthly meeting at Nielsen's Restaurant. A short Armistice Day Program will be followed by a talk by Mr. James Pratt on "Current Financial Investment Problems."
- November 11:** NORTHWEST SIDE BRANCH: "Good Will Nite" will be held at Normennes Singing Society, 2414 N. Kedzie Blvd. Members who have practiced for 40 years or longer will be honored. A popular and prominent speaker will be presented.
- November 11:** WEST SIDE BRANCH: Regular meeting at the Midwest Hotel, 6 N. Hamlin. The essayist, Dr. Bernard G. Sarnat; his subject, "Oral Cancer, the Dentist's Responsibility." Dinner at 7:00 p.m.
- November 11:** WEST SUBURBAN BRANCH: Regular monthly meeting at the Oak Park Club. Dr. Morris J. Thompson, of Beverly Hills, Calif., will speak on "The General Use of Hydrocolloid Impression Materials."
- November 12:** NORTH SUBURBAN BRANCH: Annual Clinic Day at the Georgian Hotel. Please turn to page 12 for complete program.
- November 18:** CHICAGO DENTAL SOCIETY: Regular monthly meeting will be held in the Conrad Hilton Hotel. Please turn to page 10 for details.
- November 19:** ALPHA OMEGA FRATERNITY: Annual Clinic Day program at the Congress Hotel. Further details are given in the *News and Announcements* section of this issue.
- December 3:** NORTH SIDE BRANCH: Annual Clinic Day will be held at the Edgewater Beach Hotel. Detailed program will be published in the November 15 issue of this magazine.
- December 3:** UNIVERSITY OF ILLINOIS COLLEGE OF DENTISTRY ALUMNI: Annual Homecoming and Clinic Day. Please turn to the *News and Announcements* section of this issue for further details.



# The Fortnightly REVIEW

## OF THE CHICAGO DENTAL SOCIETY

Number 10  
Nov. 15, 1952  
Volume 24

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<b>EDWARD J. SULLIVAN</b> <b>KARL S. RICHARDSON</b>	<b>EDITOR</b> <b>BUSINESS MANAGER</b>
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- November 18:** CHICAGO DENTAL SOCIETY: Regular monthly meeting will be held in the Conrad Hilton Hotel, 7:30 p.m. Lecture and table clinics on "Full Dentures"—essay in the Upper Tower, clinics in the Lower Tower. See page 2 for complete information.
- November 19:** ALPHA OMEGA FRATERNITY: Annual Clinic Day at the Congress Hotel. Dr. James H. Keith, president of the Chicago Dental Society, will deliver an address on "Fraternalism in Dentistry." He will be introduced by Dr. Samuel R. Kleiman, secretary of the Society. A luncheon will be served at 12:00. Everything new and advanced in dentistry will be presented.
- December 1:** WEST SUBURBAN BRANCH: Round table meeting at the Oak Park Club at 12:00 noon. Dr. R. J. Carroll will be the essayist; his topic, "Treatment of the Fractured Incisor."
- December 3:** NORTH SIDE BRANCH: Annual Clinic Day at the Edgewater Beach Hotel. Please turn to page 12 for detailed program.
- December 3:** UNIVERSITY OF ILLINOIS COLLEGE OF DENTISTRY ALUMNI: Annual Homecoming and Clinic Day. An all-day program has been arranged. It will feature clinics, a scientific program, fellowship, a social hour, the annual business meeting, and luncheon and dinner. Advance reservations may be made by contacting Dr. William Gubbins, president of the Alumni Association, at 4010 W. Madison St., telephone VAn Buren 6-1030.
- December 8:** UNIVERSITY OF ILLINOIS: Second of this season's Telephone Extension Programs; the subject, "Dental Materials and Therapeutic Aids in Everyday Dentistry."
- December 9:** WEST SUBURBAN BRANCH: Regular monthly meeting at the Oak Park Club, with dinner at 6:30 p.m. and scientific session at approximately 7:45. Dr. Maury Massler will discuss "Nutrition in the Geriatric Patient."

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**"COME AND SEE IN 53!"**  
**Chicago Dental Society Midwinter Meeting**  
**Conrad Hilton Hotel**  
**Feb. 8 through 11**

# *The Fortnightly* **REVIEW** **OF THE CHICAGO DENTAL SOCIETY**

*Number 11*

*Dec. 1, 1952*

*Volume 24*

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**EDWARD J. SULLIVAN**  
**KARL S. RICHARDSON**

**EDITOR**  
**BUSINESS MANAGER**

*Contributions:* Manuscripts should be typewritten, double spaced, and the original copy should be submitted. Every effort will be made to return unused manuscripts, if request is made, but no responsibility can be accepted for failure to do so. Anonymous communications will receive no consideration whatever.

Manuscripts and news items of interest to the membership of the society are solicited.

Forms close on the first and fifteenth of each month. The early submission of material will insure more consideration for publication.

Published semi-monthly by the Chicago Dental Society. Publishing, Editorial and Advertising Office: 30 North Michigan Avenue, Chicago 2, RAndolph 6-4076. Annual subscription \$2.50; single copies 15 cents; circulation 5,300 copies.

# THE CALENDAR

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- December 1:** WEST SUBURBAN BRANCH: Round Table meeting at the Oak Park Club, at 12:00 noon. Dr. R. J. Carroll will be the essayist; his topic, "Treatment of the Fractured Incisor."
- December 2:** KENWOOD-HYDE PARK BRANCH: "Army Night" at the Sherry Hotel, with dinner at 7:00, meeting at 8:00. Further information is given on page 13.
- December 3:** NORTH SIDE BRANCH: Annual Clinic Day at the Edgewater Beach Hotel, starting at 9:00 a.m. Dr. James McBurney, Dean of the School of Speech, Northwestern University, will be guest speaker for the evening.
- December 3:** UNIVERSITY OF ILLINOIS COLLEGE OF DENTISTRY ALUMNI: Annual Homecoming and Clinic Day. Complete program is published on page 14.
- December 3:** SOUTH SUBURBAN BRANCH: Regular meeting at Chuck Cavallini's in Midlothian.
- December 8:** UNIVERSITY OF ILLINOIS: Second of this season's Telephone Extension Programs; the subject, "Dental Materials and Therapeutic Aids in Everyday Dentistry."
- December 9:** ENGLEWOOD BRANCH: Annual Old Timers' Party at Nielsen's Restaurant. Further information is furnished on page 13.
- December 9:** WEST SUBURBAN BRANCH: Regular monthly meeting at the Oak Park Club, with dinner at 6:30 p.m. and scientific session at approximately 7:45. Dr. Maury Massler will discuss "Nutrition in the Geriatric Patient."
- December 10:** WEST SIDE BRANCH: Annual Clinic Day at the Midwest Hotel. Please turn to page 10 for detailed program.

\* \* \*

**NOTICE: There will be no December Monthly Meeting of the Chicago Dental Society**

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**"COME AND SEE IN 53!"**  
**Chicago Dental Society Midwinter Meeting**  
**Conrad Hilton Hotel**  
**Feb. 8 through 11**

# *The Fortnightly* **REVIEW**

**OF THE CHICAGO DENTAL SOCIETY**

*Number 12*

*Dec. 15, 1952*

*Volume 24*

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*By N. N. Potkin, D.D.S., Chicago, Illinois*

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*By Olaf S. Opdahl, D.D.S.*

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Midwinter Meeting Dinner Dance

*Lou Breese, our Master of Ceremonies*

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## *Merry Christmas*



JAMES H. KEITH

ELMER EBERT

GUSTAV W. SOLFRONK

SAMUEL R. KLEIMAN

WALTER E. DUNDON

HARRY W. CHRONQUIST

MILTON CRUSE

ROBERT L. KREINER

L. G. BETTENHAUSEN

A. J. SELLS

WALTER J. NOCK

B. PLACEK

WILLIAM O. VOPATA

EDWARD J. SULLIVAN

and the

FORTNIGHTLY REVIEW



## *Happy New Year*



# *The Fortnightly* REVIEW *of*

THE CHICAGO DENTAL SOCIETY

July 1, 1952

Volume 24 • Number 1

## What the Dentist Should Know About Himself\*

By J. C. Almy Harding, D.D.S., F.A.C.D., F.I.C.D., San Diego, California

**[Editor's Note:** Dr. Harding, who graduated in 1926 from the University of Southern California Dental School, has appeared as an essayist on restorative dentistry, preventive dentistry, and nutrition before professional groups from coast to coast. He is the founder of *Ethiconomics*, a system of practical management.

Dr. Harding is Editor of the *Journal of the Southern California State Dental Association*, a post he has held since 1945, and was President of the Association in 1938. He was Founding-Editor of the *American Academy of Applied Nutrition* in 1947-48. He is a member of Phi Kappa Phi, Omicron Kappa Upsilon, Xi Psi Phi, and Sigma Alpha Epsilon fraternities.]

When we are asked, today, to hold up before each one of us, a mirror in which we can study ourselves. It is believed that this may help us to understand our own potentials, and by identifying our faults and weaknesses, enable us to correct, or minimize, or at least capitalize upon them.



Dr. Harding

When your speaker accepted the invitation to participate in this symposium, he thought of himself as a normal, well-balanced person, routinely happy, comfortable in his home, efficient in his office, and at ease among people, handy with

pen and typewriter and of a philosophical turn of mind.

All that is in the dim past, 1951 B.C., meaning *before Chicago*.

Last fall your speaker began the reading of texts on self-analysis to prepare this paper. You have all heard of the Olde Scot who said to his friend, "All the world is daft, save thee and me. And I hae me doots o' thee!" Well, I went him one better.

You see before you a blend of 10% psychasthenic (that means a fatigued personality), a 30% neurasthenic, symptoms of which are the D.D.T.'s (Doubt, Dread and Tired), and the remainder probably neutral spirits.

Analyzing one's personality from most textbooks is as much fun and about as accurate as diagnosing your illnesses from the Almanac, or your future from the Zodiac. The very urge for self-analysis is itself a cardinal symptom of a neurosis. (Greetings, fellow neurotics!) These

\*Presented before the 1952 Midwinter Meeting of the Chicago Dental Society.

books do accomplish one aim, however. The reader becomes so hopelessly lost in the maze of peculiar words he finally has to call in professional help. This essayist is going to avoid most of those unfamiliar terms and refer all technical problems to the learned Doctors Law and Heron.

It has been demonstrated that tensions, anxieties and neuroses can be produced in animals by teaching them certain routines by which they may obtain food, and then fooling them, frustrating them. Among the animals, Man is peculiarly vulnerable to these psychic scars that thereafter influence in some degree his reaction to every stimulus.

The increased demands of our culture, the accelerated tempo of life and the rapidly shrinking world have all added to the responsibilities which civilized Man must share. His life is hemmed in by legal, ethical, religious, and traditional obligations, not only to family and friends, but to all other persons who will be affected, or offended by his activities. Even the standards by which he has measured value, distance and time are constantly changing. Our dollar is approaching par with Confederate script, our once-protective oceans are mere ditches hurdled by warplanes, and the tragedy of Hiroshima has shortened the odds on our life expectancy. It is easy to worry.

Innumerable perpetual motion machines have been invented which would run forever were it not for friction. The expenditure of energy to overcome that friction soon wastes the initial thrust used to start the device and it comes to a stop. All human contacts absorb energy. A salesman might sit in an easy chair all day, contacting prospects by telephone, and by dinner time be utterly exhausted. A dentist, acutely aware of the emotional tension of his patient, has to use his voice, his skillfully worded comments, and his manner, to reassure that patient and at the same time perform the minute and exacting operative steps that comprise his work.

The early recognition of distress by noting tiny changes of expression, the tensing leg, arm or abdominal muscles,

the blanching of knuckles on clasped hands, all seen out of the corner of his eye, is vital to the art of the considerate dentist. One constantly finds one's self answering the question the patient is just about to ask. It is not mindreading but rather an intuitive diagnosis based on intense interest, close observation, actual physical contact, memories of countless similar situations, and an awareness of what the dentist would ask if he were the patient. Psychologists call it *rapprochement*.

The patient, with senses made more keen by the possibility of pain, is no less sensitive to the emotions of the operator. If he is worried, apprehensive or dejected, she soon reflects those feelings. If he is confident and radiates enthusiasm, she will respond.

The dentist whose personal, domestic or business worries intrude upon his thoughts, or who has developed tensions and anxieties, may inflict these upon his patient who is almost certain to assume that his frown, or sigh, or unhappy mien are progress reports upon her tooth. Anger is particularly dangerous, for our fingers tense automatically and unconsciously with rage or resentment. It is difficult to bevel enamel margins as you say to yourself, "If I had that pip-squeak here, I'd break his neck!"

If we are controlled by our emotions, we are animals.

If we control all our emotions, we may blow apart from pent-up urges and frustrations.

Somewhere between, there is the path of wisdom, labelled, "Understand Yourself."

For our purposes, the brain can be thought of as having just two sections. The low-brain controls the animal functions of the body, makes snap decisions, and initiates action on the primary or emotional level. It also transmits other messages to the fore-brain and executes the orders received from it. It is like a robot: press a button and, *presto*, action. It is the forebrain or cerebral cortex that keeps Man from being a robot. Here the incoming messages from the low-brain are decoded and referred to a "commit-

tee" consisting of the records of similar or related experiences. This is the activity we call thinking.

When we are born the low-brain or thalamus is in full control and we react to all situations on an emotional or sensory basis. Infant training consists of assisting the cortex to gain control of the thalamus that the child may "restrain that impulse." As we grow older we are expected to master our emotions and delay the tendency to react at once to stimuli until we can think it over. This is maturity, a state not reached by all.

Does the thalamus enjoy having to defer to the cortex? No. And the mental conflict that results is the cause of many physical as well as mental disorders. It may be significant that the thalamus is cradled in the occipital bone, common source of headaches. We say "He gives me a pain in the neck!"

Dr. Heron, the psychologist, has studied us as our minds affect our lives. Dr. Low, the psychiatrist, has presented the pitfalls our emotions dig for us. May I stress the physical nature of the brain itself? Every fragment of the brain is tissue, anatomical, physiological, third-dimensional, real. Intellect and emotion are but the functional performances of tissues; tissues that need proper food, adequate rest and a certain amount of exercise.

Now I need your help in conducting a little series of tests by which each of you may learn something of interest to you, something personal, something secret.

First, please stare at the palm of your left hand as if it were a mirror. Imagine that you see your face reflected there. Now put your right hand into your coat pocket and close it into a fist. I am going to ask you five questions about that face you see in your Mirror of Introspection. Each time that your answer is Yes, straighten out one of the fingers hidden within that coat pocket. Thus you may keep a secret tally.

Now Face of Mine, answer truly:

1. Do you wear a smile at least half of each day? Remember that it is a stingy

man who will not share a smile with others.

2. Can you show genuine pleasure when you greet a friend or patient whom you have not seen for some time?

3. Have you as rich a smile for the delivery boy, the salesman and the boot-black as you have for Mrs. Gotrocks?

4. When you ask, "How are you?" do you actually listen to the response?

5. Can you really laugh when a friend tells you the joke that died out last year?

Those of you whose fingers are all extended denoting five *Yes* answers have greater than ordinary talents for cultivating friends. If there is anyone whose hand is still balled up, so is he. Cultivate the open hand of friendship.

Next experiment: This is only for those who have a sense of humor, all others stay deadpan. Let's pretend this is a screen test and we are to emote. Put on your nastiest sneer. Come on, exaggerate it. Now, while holding that sneer try to remember an Irish joke, one about Pat and Mike. Did you know that it is practically impossible? Facial expressions work both ways. Hang a smile over your dejected pan, perhaps to cheer up someone else, and in a few moments you'll feel like really smiling.

This time forget the left hand but put your right fist back in your pocket to keep score for you.

1. Is your office one of the best equipped in your area?

2. Would you like to move your office?

3. Have you taken a refresher course since January 1950?

4. Have you purchased a dental textbook since that date?

5. Do you use the hydrocolloid indirect inlay technic?

Many of the strains that tire a dentist are environmental. It is very difficult to seem, feel and act like a first-class dentist when in fourth-class surroundings. None of us would be content with an old auto, yet we "economize" in rent and equipment and try to get by using a mental motor that hasn't been overhauled since we graduated. Our brains and our fingers need re-education every so often.

Nothing else can so efficiently revitalize a practice and drive out the fear of professional inadequacy.

Few dentists place a high enough value on themselves as producers of wealth. Do you realize that it would require a quarter of a million dollars worth of stock in American Tel. and Tel. to bring in as much net income as the average man in this audience is earning?

Since psychologists stress the need for the feeling of security as essential to mental health, may I suggest a sound investment program for each of you not yet approaching retirement?

Invest regularly and substantially in YOURSELF. Thus may you establish an enduring practice of the highest type. There are at least four proven ways to accomplish this.

First: By increasing your knowledge and skill through

- a. Further study in postgraduate classes.
- b. Wide reading of dental journals and textbooks.
- c. Habitual attendance at dental meetings and conventions.
- d. Personal research and experimentation.
- e. Contemplation.

Second: By increasing your office efficiency with

- a. Better location and space.
- b. Modern equipment.
- c. Competent office help. (Is your assistant Certified?)

d. Constant improvement in office management.

Third: By increasing your local prestige by

- a. Activity in church and charitable organizations.
- b. Activity in cultural groups.
- c. Activity (not mere participation) in dental groups.
- d. Qualifying as spokesman for groups or movements identified with matters of real merit.

Fourth: By developing prestige in the profession through

- a. Attending major conventions and seminars.

b. Clinicing and lecturing before such groups.

c. Contributing articles to dental journals.

d. Writing textbooks.

e. Inventing or perfecting dental instruments.

f. Serving dentistry as an officer or committeeman.

During the last decade the pressure upon dentists to increase their daily output of services has grown tremendously. The demand has increased far faster than the number of available operators. This need has been partially met by employing more auxiliary help. To many dentists this has posed no problems but others fret over the multitudinous irritations of personal management. It is an added strain.

The employer who has but one helper has but one personnel problem. When he adds another employee he then has three inter-personnel relationships to consider, for his interests are also affected by any friction between the employees. The doctor who has an associate, a hygienist, a technician, and three nurses, has twenty-one possible areas of conflict within his staff. Management engineers state that each added employee increases the supervisor's problems by a number equal to the new total number employed. Thus, one worker, one problem; two workers, three problems; three, six problems; four, ten headaches; etc.

Staff direction can be one of the most fatiguing strains to which you subject your nervous system. Your staff should be kept as small as possible consistent with the fullest utilization of your skill at the chair, courteous attention to patients and the immaculate maintenance of your office. But if in your particular case a large staff is unavoidable then delegate the responsibility and most of the headaches to an office manager.

Dentistry is a very rewarding profession. The satisfaction of relieving pain, of restoring beauty, of helping stem the ravages of age, of rebuilding mouth to full function and health, are only ex-

(Continued on page 26)

# EDITORIAL

---

## PATRIOTISM

A wave of unrest has recently engulfed the people of the United States and left its citizens bewildered and confused as to what is transpiring in this eminent country of ours. We see in the newspapers and hear over the air of events that shock the average person, of episodes happening that should make us sit up and think. We see unrest in the armed forces when aviators refuse to fly their planes, and members of the Marine Corps hinting at "sit down" strikes. The nation has been in the grip of steel and oil strikes and other groups insinuate like action. The picture from our national government is also iniquitous with corruption and dishonesty a common occurrence in our administrative branches, and when there is even action toward the impeachment of our president, we begin to wonder. Have we lost faith in ourselves or have we lost sight of our goal? Maybe we should stabilize our thoughts and actions by reconsidering the basic virtues which we must follow if we are to survive.

Justice is a virtue, taken for granted by most, that should be synonymous with good government. It denotes the obligation to give to one that which is his, and must follow the dictates of reason, truth and righteousness. Whereas justice is usually thought of as being connected with law and government, we must also be conscientious and honorable as individuals, or our unscrupulousness will show up in our local, state and national administrations. Without justice, there cannot be any faith, hope or love.

Another much abused virtue is honesty. It implies uprightness in character and action, whether this be in business matters, the practicing of one's profession, or in our daily dealings with individuals, thoughts or actions. Dishonesty can do nothing but undermine our morale and weaken the structure upon which our private and public achievements are based. Untruthfulness and deceit are akin to theft. As in the case of justice, without honesty there can be no faith, hope, or love.

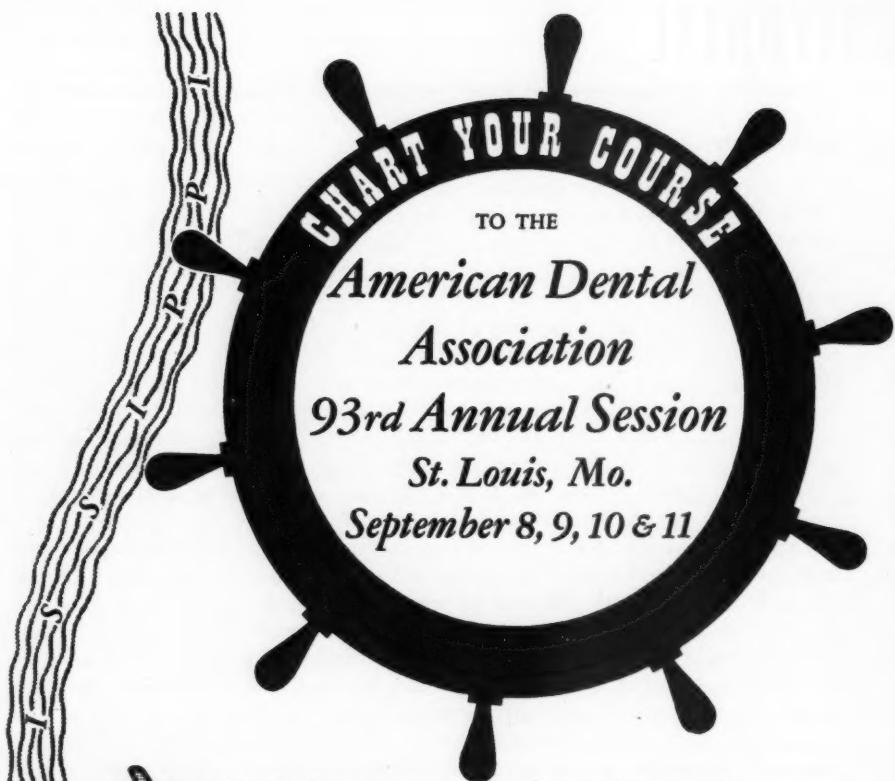
One of the most neglected virtues in this day and age is purity. Not only does it refer to us as individuals but to the prosecution of governmental affairs which must stay clean if it is to demand respect. The high divorce rate in the United States but mirrors the instability of the home which is in reality the foundation of our nation. If there is no love in our home, how can we expect love for our fellow men or for our country? Just like honesty and justice, there can be no faith, hope or love unless we have purity.

Michael J. Miller in his book, *Power and Wisdom*, seems to punctuate our reasoning when he said "Without justice in Government there would be despotism or anarchy. For without justice in the nation there could be no patriotism or love of country because without justice there could be no faith from which is derived hope, and love of country which is patriotism."

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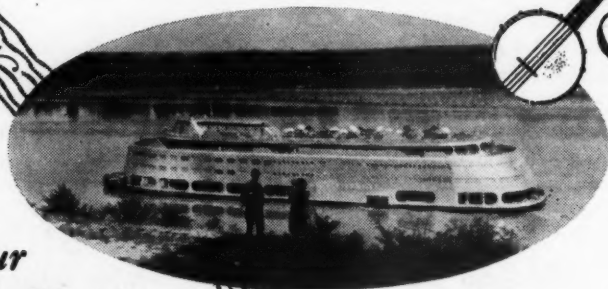
**"COME AND SEE IN '53!"**  
**Chicago Dental Society Midwinter Meeting**  
**Conrad Hilton Hotel**  
**Feb. 8 through 11**





A stimulating program awaits you in St. Louis.

Planned for you is everything from table to television clinics, educational and commercial exhibits, scientific essays and an extensive entertainment program. There will be an evening on the Mississippi in the spacious S. S. Admiral—largest and finest of the river steamers. Meet in St. Louis... and bring the family for a memorable experience.



*Make Your  
Reservations Now!*

*(Use Official Forms in A. D. A. Journal)*



June 17, 1952

*An Open Letter to The Fortnightly Review of The Chicago Dental Society:*

Thank you for the fine editorial on the Dental Health Council in your issue of June 15th.

In answer to your questions we submit the following:

The Dental Health Council did not solicit the aid of parent, state or local dental organizations because its purpose is to act as an independent organization including all facets of the dental field; dentists, dental laboratories, and dental suppliers and manufacturers. Because of this all-inclusive membership, free of any connection with organized dentistry, we hope to be able to accomplish our purposes more effectively and more rapidly than organized dentistry alone has been able to do thus far.

Preparatory to the incorporation of the Dental Health Council the backgrounds of organized dentistry and the dental laboratory field were extensively surveyed. The combined data now available reaches further back and is more complete and up-to-date than that of organized dentistry alone.

The Department of Registration and Education has been contacted and has expressed a keen desire to cooperate with the Dental Health Council in its efforts to eliminate illegal operators.

Necessary funds for the operation of the Dental Health Council are being obtained through the memberships of dentists, dental laboratories, and dental suppliers and manufacturers.

Upon the approval of the Board of Directors, funds will be expended towards the enforcement of the Dental Practice Act in cooperation with the Department of Registration and Education. Through the medium of publicity and public relations, the general public and dentists will be continually apprised of the menace to the public health by illegal operators; and informed as to the most effective means of combating this danger. Modern economic methods will be made available to members through a research and consulting department. Bulletins containing information pertinent to the dental field will be issued periodically.

Mr. Bishop's qualifications include thirty years of experience in newspaper, advertising, publicity, public relations and organizational fields. He has been retained as Executive Director of the Dental Health Council for the purposes of organization, management and fund-raising. One of the requirements for this position is *no dental background*, and remuneration is based on services rendered.

It is not the intent of the Dental Health Council to usurp any of the duties or authorities of organized dentistry. It is an adjunct to the already existing dental bodies.

We have answered your specific questions in an effort to enable you to more intelligently advise your members as to the functions and merits of the Dental Health Council.

Dental Health Council  
William S. Bishop, Executive Director

[The above letter from the Dental Health Council was received too late to permit preparation of suitable editorial comment in this issue of THE FORTNIGHTLY REVIEW. We will arrange for such comment in the next issue.—*Editor.*]

# NEWS AND ANNOUNCEMENTS

---

## **NORTHWEST SIDE PICNIC**

The Northwest Side Branch is having a picnic outing on July 2 at Tromba's Pic Nic Grove, 6839 Milwaukee Avenue. Bring your own basket and spend a pleasant day of relaxation and fun.

## **NORTH SUBURBAN GOLF OUTING**

The North Suburban Branch will hold its annual golf outing on August 13, at the Northwestern University Golf Course, Lake Avenue, Wilmette, Illinois.

## **LOYOLA ALUMNI GOLF OUTING**

The annual golf outing of the Loyola Alumni Association will be held at the Glendale Country Club on September 17.

## **ATTENTION! LIONS, KIWANIS, ROTARIANS**

Our Committee on Dental Health Education has an excellent sound, technicolor film on fluoridation entitled "A Drop in the Bucket." It has been presented before more than 30 service clubs during the past two months and has met with an enthusiastic response. This film and a speaker from the Chicago Dental Society make a most desirable program—one that is timely and important. In view of the widespread interest being shown in the fluoridation of community water supplies as a means of reducing dental caries in children, this method of public education does much to stimulate service clubs, parents' groups, and many other types of organization, to take positive action by way of resolutions, per-

sonal letters, and direct contact with their aldermen, asking that every consideration be given to providing Chicago children with this decay reducing health measure.

If your organization would like to have the film and a speaker, please contact the Chicago Dental Society, Randolph 6-4076, and arrangements will be completed.

## **DR. HARRY SICHER RECEIVES HONORARY DEGREE**

Dr. Harry Sicher was honored during the recent Loyola University graduation, held June 11. He was given an Honorary Doctor of Science degree by the Reverend James T. Hussey, president of the University.

Dr. Sicher, who is Professor and Head of the Department of Anatomy at Loyola Dental School, is world-wide known. He has presented papers in 23 states in the United States and has made public appearances in five foreign countries. He has recently returned from Argentina, where he was guest speaker, and is leaving for London early in July, where he will present a paper before the International Dental Congress.

He was born in Vienna and received his M.D. degree from the Vienna Medical School. He joined the faculty at Loyola in 1942 and since then has contributed much toward dental research. He has completed projects on the Eruption of Teeth, Bone Development and Growth of the Skull. He delights in talking on "Temporomandibular Articulation" and contributed a paper on "Progress of Local Anesthesia" for the First Volume of the *International Dental Journal*.

---

## **MOVE OVER, CHUM**

A chiropodist reports that men are coming out of the army with bigger feet—enlisted men, that is. On this basis the officers should be needing wider chairs.—Senator Klaghorn on "Fred Allen" Program

# ABSTRACTS

## AIRDENT METHOD OF GRINDING TEETH

In response to the question of whether individuals who worked in dental offices and had respiratory infections were facing an occupational hazard, the editor of the *J.A.M.A.* replied that:

"The Airdent involves an abrasive mixture of aluminum oxide and dalaomite (calcium carbonate) which is thrust on the tooth at 80 to 90 lbs. air pressure. The dusty particles are removed by an exhaust apparatus. No severe damage to soft tissue occurs and any particles imbedded are spontaneously extruded in about 24 hours.

The operator may be exposed more than with other methods to flying infective material surrounding dust particles.

Although neither aluminum oxide or dalaomite is rated as conducive to pulmonary injury, a theoretical injury is involved. Much depends on the ability of the operator to make use of the exhaust appliance.

More investigation is now under way."  
—*Queries to the Editor, J.A.M.A., May, 1952.* *J.N.L.*

## "I AM A BLEEDER, DOCTOR"

The author brings out the frequency with which dentists hear this remark and the questions which immediately come to mind. Is the patient really a bleeder? What is the cause and can we deal with it? Should we check with his physician and, if so, do we know enough about blood, its components and disorders to avoid confusion and embarrassment?

The infrequency of our contact with blood disorders allows our knowledge of the details to fade. However, we should know blood chemistry. To understand blood dyscrasias, we first must know normal blood, which is composed of:

1. *Plasma*—the vehicle or fluid composed of water, salts and proteins.

2. *Cells*—from bone marrow, except lymphocytes which are from lymph glands.

(a) Red Cells (erythrocytes) carry oxygen  $4\frac{1}{2}$  to 6,000,000 per cu. mm. in male, slightly less in female. Red color is due to hemoglobin.

(b) White cells (leukocytes) engulf bacteria and waste products 5 to 10,000 per cu. mm.

(c) Lymphocytes—also white cells, but produced in lymph glands instead of bone marrow.

(d) Monocytes (another white cell) 4 to 8% of white count, engulf particles of matter—prominent in febrile diseases—may be an index of virus infection.

(e) Platelets—250,000 to 500,000 per cu. mm., share in the clotting process by forming a mesh with which fibrin forms a clot.

Blood clotting occurs when:

1. Thrombokinase—enzyme in tissues—unites with and changes

2. Prothrombin—chemical in blood—to Thrombin—chemical in blood—which, with help of calcium, changes to Fibrin.

3. Platelets—upon touching a dry surface, they explode into a meshwork and unite with the fibrin to form a clot.

In clotting there is normal and average clotting time and bleeding time:

Clotting time: Normal—1 to 8 minutes

Average—3 to 4 minutes

Bleeding time: Normal—1 to 5 minutes

Average—2 to 3 minutes

When there is any doubt of a bleeder, clotting time can be taken in the office with a spring lance, a capillary tube and a stopwatch.

(Continued on page 28)

## Sloppy Copy from Oppy

And what is so rare as a day in June?  
Then, if ever, come perfect days:  
Then Heaven tries earth if it be in tune,  
And over it softly her warm ear lays;

**Y**es, what is so rare as the month of June, with its beautiful days, beautiful love, weddings, and touching graduations. And speaking of graduations, I'd like to congratulate the classes of 1952. Yes, there is nothing more significant in this world than the flourish of caps and gowns, the hustle and bustle of almost every household, as people in all walks of life get ready for some relative's graduation. Some from grammar school, some from high school or college. "Onward Christian Soldiers" sends thrills up and down our spines—tears come to our eyes, at least that is the experience that I had as my son Keith finished his years at Oak Park High School.

But the graduate I would like to think of now is the new dentist. I want to wish him the best of luck. There were times when the going was tough, finances tight, so tight that you thought you'd never make it. **BUT YOU DID. TODAY IS GRADUATION DAY!** Now you can go out and "pay up the mortgage on the old homestead," as we used to say. From the reports I receive, there are some wonderful classes graduating. Ask Deans Baralt, Freeman, and Brophy. And you *are* wonderful because you are better equipped mentally and technically than we were and we were better equipped than the classes before us.

I hope as you open your office that the neighboring dentists and Branch Society pay you a call and encourage you to join our Big Postgraduate Course. (That is, be a member of Chicago, Illinois, and American Dental Societies). Wouldn't it be nice, fellows, if we took that new dentist out to lunch or to the next dental meeting?

There was a young man in the Spring of 1871 (I want to emphasize it was not

I!) who was confronted with problems similar to yours . . . such as passing examinations, worries as to what to do, where to practice, how to build a practice, how to make a living, and how to pay some of those debts which are bound to accumulate.

In that spring this medical student came upon 21 words which helped him become the most famous physician of his generation. He organized the world famous Johns Hopkins School of Medicine, he became Regus Professor of Medicine at Oxford—the highest honor that can be bestowed upon any medical man in the British Empire—there were so many thrilling honors they required 2 huge volumes containing 1466 pages.

This medical student's name was Sir William Osler. The twenty-one words that helped him became such an important figure are: "Our main business is not to see what lies dimly at a distance, but to do what lies clearly at hand."

These 21 words helped him lead a life free of worry and enabled him to put his energies to the task of the moment. This is what Sir William Osler said to the students at Yale at the spring graduation ceremonies. "You folks will think that a man who has been professor in four universities and who has written a popular book has a special monopoly on brains. But I can assure you, if you talked with my friends, they would tell you that I am of average ability, a most mediocre character."

"The secret of my success," he continued, "was doing the task on hand with the best of my ability." He forgot what happened yesterday, and did not worry about next week, but *today* was the important task on hand. To live this day

(Continued on page 29)

# NEWS OF THE BRANCHES

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## KENWOOD-HYDE PARK

Taking a vacation is a hazardous business these days. For as I idled under the Florida sun, little did I realize the plot taking shape within the confines of Kenwood-Hyde Park. I returned from my jaunt to find that I had been appointed Branch Correspondent. Perhaps there may be some consolation in numbers since Elmer Ebert, Jesse Carlton, Roy Eberle, and Bob Kreiner have been slated to help me taunt the muse. May she rest in peace. . . . The newly elected officers of Kenwood have met, selected committees, and started things on their way to a roaring and successful year. Of course, there will be the usual fine dinners at the Sherry, followed by what promise to be banner programs. Scratch off the first Tuesday of each month, starting in the fall, and join the surge to the Sherry. . . . The wanderlust has claimed Ben Herzberg and Larry Johnson. They're Europe bound. *Bon voyage*, boys, we will be waiting to hear all about it on your return. . . . John and Mrs. McBride flew down to Jamaica by way of New Orleans. After a year as President of Kenwood, it's a well-earned rest for him. . . . Congratulations to Dr. and Mrs. Otto Mast on the graduation of their daughter from Northwestern. . . . Jesse and Mrs. Carlton drove down to Bloomington to pick up their daughter Nancy, who has been attending the University of Indiana. . . . Russell Hegland, a past Executive Secretary of the C.D.S. was in town attending the convention of the American Medical Ass'n. Russell is looking fine. His new home, Billings, Montana, must be agreeing with him. . . . Linn and Mrs. Cooley are headed for Florida to play a little golf and catch some of the large ones out of the Atlantic. . . . If you have any news call me at Pl 2-4610.—*Harry Hartley, Branch Correspondent.*

## NORTHWEST SIDE

Gentlemen of the Northwest side—some cooperation please. After the dinner last Tuesday at the Palmer House, I began to realize this important position was given to me only because no one else wanted it. Seriously, however, it is a new experience. Met some very nice men. Joe Porto made me feel right at home during the dinner. Also gave me the opportunity to see Gerson Gould's office, since he drove me downtown. Very nice office—said he was there before I was born. Being a woman sure can be deceiving—with reference to age, of course. Pleased me very much to find James Keith called me Santina—thank you, sir, for remembering. Got to see Anthony Malone—showed me pictures of his two boys. Anthony and I were students at the same time—tried in several ways to discourage me, but I'm stubborn, I guess. One of the men was going to introduce me to Charles Maurice—of course, he was one of my pet instructors. Have to be on the alert every time I see Charlie. We aren't together two seconds but that we are in deep conversation. . . . Ben Davidson wishes to thank the following men for sacrificing a Wednesday morning to examine school children during the past year: Elmer Jacobson, B. B. Pawlowski, Mitch Kaminski, T. J. Serr, M. Lerman, G. Asherman, Irving Stein, Thad Olechowski, T. Czelowski, J. G. Sipple, Phil Rogalski, Lee Schwartz, John Gates, William Walters, R. Jaskalski, N. Weisser, Santina Litturi, S. Hojduk, V. T. Weclaw, J. C. Ullis, I. Brzyski. . . . Be sure to call Franklin 2-1965. Make arrangements with James Mershimmer to attend the picnic July 2nd at Tromba's Pic Nic Grove. Just fill the old basket with lots of goodies and come along. Jim wants this to be a great success—let's all give him a hand. . . . Don't forget, I'm waiting to hear from you with news



which I can use in this little column.—  
*Sonny Litturi, Branch Correspondent.*

#### WEST SIDE

A great deal of credit goes to Chick Vission for his tireless efforts to make the West Side Golf Outing such a fine success. The weather was perfect, the site delightful, and the food, excellent. Sixty-five members were present at the dinner. Chick is also to be commended on his selection of prizes for the outing. The West Side is mighty proud of you, Chick! Your splendid work is certainly appreciated. All of the officers of the Chicago Dental Society were present at the Nordic Hills Country Club on this momentous day of June 4th. Also in attendance at the outing were Russell Boothe, President of the North Side Branch, and Gerson M. Gould, President of the Northwest Side Branch. Congratulations to George Blaha's son, who won the low gross score with a 62. . . . Harold Epstein gave a clinic on Endodontia, and Sol Shiret's clinic was on Oral Surgery at the Downstate Meeting. Walter Kelly, our new Branch President, was a member of the Clinic Committee. Others present included, Earl Boulger, Tom Burns, Oscar Cyrier, Leo Cahill, Sam Dillon, Joe Garfalo, Bill Gubbins, Carl Madda and Joe Porto. Joe Porto gave a Cocktail Party for the members of the West Side Branch. . . . On June 10, the President of the Chicago Dental Society, James Keith, called a meeting of the Branch Presidents. Many important items were discussed, some of which were suggestions for increased attendance at meetings, and improvement of monthly programs. Meetings are so important, men, and each one of you, with your suggestions, is such an essential part. Let's try for 100% attendance in the Fall. . . . Congratulations to Stan and Gertrude Sherman on the birth of their baby daughter. Best of luck to you! . . . Happy to report that Irving Fishman is well on the road to recovery. He was hospitalized recently—but is getting along very nicely

now. . . . Condolences to Ed Rus, whose mother-in-law passed away recently. . . . Next year's programs, under the capable supervision of Irwin Robinson, promise to be especially interesting. Bob Tuck and Adolph Stark are Co-Chairmen for our next Annual Clinic Day. . . . As this is my last regular article as Branch Correspondent, I would like to express my appreciation to all of the members who were so very helpful in aiding me to obtain news for my column. It has been a pleasure working during the administration of Bob Tuck, who did such a grand job of keeping the West Side Branch in the foreground. To Walter Kelly,—lots of luck! May your administration keep in high gear through the coming year. I'm certain that we'll all cooperate to the best of our abilities. To the new Branch Correspondent, Joe Porto, may you enjoy your position as much as I have this past year! I'm sure the members of the Branch will give you all of the cooperation you need. The Best of Luck to you! Joe's phone number is State 2-6343. Keep it buzzing, men! . . . To all of you anticipating vacations—don't forget those cards. It's such a help to Branch Correspondents to receive them. . . . Have a wonderful vacation—each and every one of you. IT HAS BEEN WONDERFUL KEEPING IN SUCH CLOSE CONTACT WITH ALL OF YOU THIS PAST SEASON AND I SHALL BE LOOKING FORWARD TO SEEING YOU AT EVERY MEETING NEXT SEASON. OUR NEW OFFICERS NEED YOU—SO PLEASE DON'T FORGET THE MEETINGS—AND THE NEWS. Good-bye for now.—*Carl Weiss, Branch Correspondent.*

#### ENGLEWOOD

Englewood notes with deep regret the passing of Ed Schwalen after a lingering illness. He was one whose friendliness came easily. . . . Fred Pacer, son of S. J., was one of the five boys who led the parade on June 3, a cadet major on the city staff R.O.T.C. . . . Good crowd at



the golf outing, nearly all with feet on ground but Ted Vermeulen flying over in his airplane. Ora Medsker won a green cap for a prize, Vince Milas brought along a red one, knew he couldn't win one. Jim Keith and Elmer Ebert were very welcome guests. Henry Mathews bounces shots off the fairway markers onto the green. . . . Bob Straub and Harry Kazen are building an enviable program for the coming year. . . . Our condolences are extended to Reg Felton and to his many friends, on the death of Mrs. Felton. . . . Lt. Col. Siedlinski has recently returned from a two-year assignment in Europe and will re-enter private practice. . . . Good news comes to us and we send our congratulations to T. J. and Mrs. Pacocha; it's a baby girl. . . . Axel R. Alson lectured and demonstrated Hypnotism to a group of astrologers on June 15. . . . On answering my 'phone, the voice said "Cancel." It was really so hot I didn't care; "Who's calling?" He said "Kanchier, Paul Kanchier." Gave me a few items and remarked, "Been trying to get you the last couple days, where've you been?" I explained to him (since he really is my boss) that I had been to Greencastle to see my son graduated from DePauw University, and he exploded, "Now, right there is the reason most of you guys never get to be the boss of this column; you don't even know a news item when one happens to you. Now put that in your column!" Yes, sir. Yes, sir.—*Webster Byrne, Assistant Branch Correspondent.*

#### **SOUTH SUBURBAN**

It is a human trait to be a bit nostalgic with things familiar, good or bad. So, here I am again, hacking away at the typewriter to pass on odd bits of information to you all. . . . The law of averages finally caught up with South Suburban and we had a really nice day for our golf outing for a change. We had a fine turnout and among our guests were two members of the Englewood Branch, Tom Fleming and Tom Gilmore, and con-

spicuous by his absence was Mike Hughes. Everyone at the dinner table was really enjoying his wonderful chicken dinner until due to the unexpected presence of a few men who did not send in reservations the kitchen ran out of chicken and Pete Iagmin and I were forced, after much arm turning and twisting, to accept a very delicious steak. It really caused a bit of consternation and cries of foul play. Because of the fact that Peter and I were given a few odd pieces of fowl to keep us going during our vigil of waiting for the steak, I was forced by my conscience to cut the tenderloin out of my steak and pass it on to my kind neighbors. The winners of the golf prizes were Tiberi and Grossi, first and second, respectively. At this point, I think a generous hand should be given to Dan Altier and his committee for a job well done. . . . Following the dinner was the installation of officers, as follows: Donald Pippert, president; Henry Freitag, vice-president; Henry Leturno, secretary; L. C. Holt, treasurer; and Herman Gornstein, correspondent. . . . Among the idle dinner conversation was the story of the trip taken by Bayer on the *Nieu Amsterdam* which touched at ports of call at Venezuela, Curacao, Havana, and all points of interest in the Mediterranean. . . . Tiberi and Iagmin were in attendance at the State meeting in Springfield. . . . Harry Lees has moved into his new quarters. . . . Due to an emergency call of illness in family, I am leaving for Tucson, Arizona, immediately. Will see you in next issue.—*H. C. Gornstein, Branch Correspondent.*

#### **NORTH SIDE**

That grand and glorious vacation season has once again returned and dentists are turning away from the chair for that well-earned rest. Although most of us still are looking forward to ours, some have already had a share of theirs. . . . Leo Kremer recently returned from a five-week trip to Ft. Lauderdale, Fla.,

(Continued on page 24)

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Anthony J. Malone *West Suburban*  
501 No. Franklin, River Forest, FOrEst 9-9079

## Applications for Membership

The following applications have been received by the Ethics Committee: Any member having information relative to any of the applicants, which would affect their membership, should communicate in writing with George H. Welk, 1400 N. Central Ave. Anonymous communications or telephone calls will receive no consideration.

## Applicants

RENN, WALTER J. (Loyola 1943) North Suburban, U. S. Rt. 12, Fox Lake. Endorsed by Warren Willman and Frank P. Lindner.  
UNTERMAN, MARTIN D. (U. of Ill. 1944) North Suburban, 317 W. Howard St., Evanston. Endorsed by Leonard V. Foley and Nathan Weissner.

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## NEWS OF THE BRANCHES

(Continued from page 19)

where he attended meetings of the Ft. Lauderdale, and Florida East Coast Dental Societies. Leo reports the weather was excellent. . . . Bas Cupis reports he is tired but had a wonderful trip to Greece. Bas traveled above the clouds, via plane both ways. While in Greece he was kept busy visiting relatives, ages one to ninety-four. He also managed to visit some of his dental colleagues, who formerly had studied in the United States. In addition to Greece, Bas made side trips to Rome, Milan, Geneva and Paris. It sure sounds like a swell way to get tired. . . . Marv Ericson is back at work after two weeks at his Fin and Fawn farm, on Lake Superior. Marv kept busy fishing, gardening and getting his place ready for the summer. . . . Congratulations to Marsh Nilsson, whose good wife, Alice, presented him with a second girl, bringing the grand total to four; two boys, two girls. . . . Our sincere sympathies go to Rube Kadens in the loss of his mother, who passed away in June. . . . In a recent issue of the FORTNIGHTLY REVIEW, Russ Boothe requested that North Side members who would like to have the meeting site changed, write and advise him of their suggestions. Result—one reply. Pres. Boothe and Maurice Altus have been busy investigating other sites which might be better than what we now have. The officers and directors have already worked out the arrangements for meetings and committees, for

the 1952-1953 season. The calendar for the meetings will appear in this column, in the near future. . . . This year may well prove to be the most important in the lives of members of the dental profession. It is clearly the duty of each member to keep informed, if he is to act wisely, to protect his interest in the future. Read your FORTNIGHTLY REVIEW carefully as there will be much information in its pages to help guide us in making intelligent decisions necessary to combat those forces which are trying to subjugate the dental profession.—Edward O. Benson, Branch Correspondent.

## WEST SUBURBAN

Two weeks ago someone overheard Jack Opdahl saying that the hot humid weather was unbearable and was affecting his personality. That wonderful host of all hosts, Werner Gresens, invited Jack up to his secret spa, Lard Lake, to get away from it all. . . . On June 10th all the branch presidents and correspondents met with the officers and publication staff of the Chicago Dental Society at the Palmer House. The major purpose of this meeting was to air out the difficulties which have and still beset the officers of each individual branch of the Chicago Dental Society. The business was ably discussed and handled by President Jim Keith. Each branch president was introduced and, in turn, brought to the group for common discussion those troubles which prevent his branch from approach-

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ing the ideal. The exchange of ideas and the after-dinner sessions will in many instances help each branch. Gerson M. Gould, president of the Northwest Side branch, was obviously dapper that evening. He wore a cashmere suit, white-on-white shirt and a tie with handpainted implements used in the practice of dentistry—it was a pip—one could see a dental unit, cabinet, forceps, mouth mirror and many other instruments. Other officers of the parent society present were President-Elect Elmer Ebert, Secretary Sammy Kleiman, Vice-President Gus Solfronk, and Executive Secretary Karl Richardson. The most mentioned problem was the poor attendance at the branch meetings. Enough said—let's do something about that in the coming year! . . . The publication staff was led by the wonderful, ambitious Ed Sullivan. Watch for new and good things for the **FORTNIGHTLY REVIEW**. Ye Ed promises numerous surprises. The meeting was graced by the presence of editorial assistant, Miss Harvey; assistant executive secretary, Miss Nelson, and circulation manager, Mrs. Decker. Ye branch correspondents got an earful from the editor and his staff—everyone is now on his toes. . . . Vern and Mrs. Cultra of La Grange have spent a month's vacation visiting the southern states. . . . Tom Barber and mate are off for a three-week trek up the St. Lawrence River; he is loaded with Kodachrome and should bring home some good shots. . . . Marshall Grunwald has a year-around vacation spot up at his farm—but

he'll be busy repairing a silo which the wind pushed around recently. . . . A great big **THANK YOU** to the officers of the Round Table who have provided delicious meals and excellent clinicians and essayists throughout the year. Thanks individually to Joe Komarek, Irv Slaby, Bob Atterbury, Wes Olsen and Ed Hall. . . . Mrs. Asa LaGrow has been seriously ill in a local hospital. We sincerely hope that she is well again. . . . Welcome to Kermit Olson, come again, it was swell to have you out. . . . Paul Topel has done it again! He received the 1952 achievement award plaque from the Oak Park Camera Club for outstanding improvement and achievement during the past year. He was also selected chairman of the print committee for the coming year. . . . The two Bobs are up again. Bob Atterbury was honored with dentistry's highest award at the recent University of Illinois Alumni golf outing. He was awarded a key and an honorary membership in Omicron Kappa Upsilon, honorary dental society, for outstanding work during the last ten years. A similar award was presented to Bob Christopher at the Northwestern University outing. Congratulations to both of you—you have a real right to be very proud. . . . Here is something to think about: The day a boy walks around a puddle instead of through it, he is a man. . . . Pavlov, the great physiologist said, "All my life I have loved and still love both intellectual and manual work, and the second perhaps even more than the first. Especially have I felt satisfaction when into the

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latter I have been able to carry some good problems, thus uniting head and hands. Upon this same road you are travelling. With all my heart I wish that you may advance far along this path, the only path that secures happiness for man." . . . Please send news items to 501 Franklin Ave., River Forest, or 'phone FOrest 9-9079.—Anthony J. Malone, Branch Correspondent.

\* \* \*

#### WHAT THE DENTIST SHOULD KNOW ABOUT HIMSELF

(Continued from page 10)

ceeded by the triumphs of the physician who saves sanity and life itself. To all of us who bear the psychic scars that predispose to the neuroses, the gratitude of patients is like a healing kiss, potent salve, Balm in Gilead. Perhaps that is why so few doctors voluntarily retire from practice.

Yet each contact with each patient produces some emotional wear and tear. The dentist must not only ride herd upon the emotions of the patient but must master and perhaps conceal his own reactions, conscious and unconscious, to every stimulus.

Fear is the emotion which keeps many people from our offices. It is also the chief emotion which drives our patients to us. Fear of pain, of embarrassment, of mutilation, of ill-health, can force people to face the momentary inconveniences of dental procedures. In one form or another, fear may also fatigue the dentist.

Put that right fist in your pocket again and honestly answer these five questions:

1. Do you get gooseflesh when you awake at night in your own room and hear sounds.
2. Do you feel a chill when you have to enter a strange dark place at night?
3. Are you uneasy when on a railway platform and a train pulls in beside you?
4. Are you frightened when alone in a small closet, a vast auditorium, a high ledge?
5. Are you easily nauseated in a boat, a plane, a roller-coaster?

Almost everyone who has answered honestly has admitted one or two of these fears. Those who acknowledged four or five such fears may have a problem that it will take a good psychiatrist to erase.

Now, close fist again and tell me if you worry about

1. Getting a cancer?
2. An elevator falling with you in it?
3. Punishment after death?
4. Eating contaminated food?
5. Friends believing rumors about you?

The more you answered *yes*, the more likely you are to be living in constant anxiety, a state that will be reflected in your every action and decision. Learn to banish these ghosts of the utterly improbable.

Ready for five more?

1. Are you competent in your daily work?
2. Do people think you have an attractive personality?



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3. Are you better than average in handling money?

4. Can you usually get people to agree with you?

5. Your present success was achieved by ability alone?

Anyone who has answered *Yes* to all five is certainly self-satisfied. More modest individuals will have admitted at least two weaknesses. Four or five *No*'s suggest a too critical evaluation.

Here is another group of test questions:

1. Do you have enough spare time to do the things you would like to do?

2. Can you do as you want to in your spare time?

3. Are your decisions final, not overruled by others?

4. Do you associate with the opposite sex as much as you would like?

5. Does your family really like your friends?

Lucky is the man who answered *Yes* to all five of those questions, for he reveals no inhibitions. He thinks of himself as a free agent in a bountiful world. Those who only answered *No* may be expecting too much from a life which must necessarily limit our time and activity.

That classical test for inhibitions is logically followed with this inquisition:

1. Do you get blamed for things you do not do?

2. Do you feel tired much of the time?

3. Do you often feel downhearted without knowing why?

4. Can you get so mad you can't talk?

5. Think back, did either of your parents pick on you?

Emotional frustration is the diagnosis if you answered *Yes* several times. You may need the catharsis of psychiatric consultation. Maybe any catharsis would do.

Now for the final five:

1. Do you like to analyze your own reactions?

2. Do you think things over while going to sleep?

3. Are you serious rather than care-free?

4. Would you like to speak in public?

5. Do you like to consult with others about your problems?

Inventors, scientists, philosophers and just plain day-dreamers will answer *Yes* to all five questions. Men of action and decision who put yesterday behind them and feel adequate to meet whatever problems tomorrow brings, have answered *No*. We need a happy medium between action-less dreaming and thoughtless action.

These many questions have been asked, not with the idea of diagnosing your natures, but to interest you in the desirability and possibilities of self appraisal, and to suggest a method. Many of the questions and some of the appraisals were found in *The Technique of Personal Analysis* by Dr. Donald A. Laird.\*

In conclusion, "Physician, Heal Thyself."

\*McGraw-Hill, 1945.

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## ABSTRACTS

(Continued from page 15)

Among common disorders are:

1. *The Anaemias*—disorders in which there is a reduction in amount of hemoglobin carried by red cells. May or may not be associated with a reduction in the number of cells. Irrespective of the number of red cells, the hemoglobin content is the measurement of anaemia.

(a) Anaemias of acute haemorrhage.

(b) Anaemias of chronic blood loss—ulcers, menstrual loss, etc.

(c) Anaemias of acute infection, as in malaria.

(d) Anaemias of chronic infection—low color index as in cancer or liver damage.

(e) Anaemias of pregnancy.

(f) Anaemias of hemolysis (jaundice)—pigment set free.

(g) Anaemias due to defective blood formation—iron deficiency, pernicious anaemias, or due to toxins which induce aplastic anaemia.

2. *The Purpuras*:

(a) Symptomatic Purpura—due to capillary wall defect.

(b) Essential Purpura—with a decrease in blood platelets.

(c) Thrombopenic Purpura—due to chemical poison, infection or inadequate diet.

3. *White Cell Changes*: An increase in white cells is a "Leukocytosis" and is due to infection or changes in the cells. A

decrease in white cells is a "Leukopenia" and is due to toxic drugs.

4. Bleeding may be interrupted at—

(a) Prothrombin level—vitamin K deficiency.

(b) Fibrogen level—nutritional deficiency.

(c) Platelet level.

(d) Capillary Fragility level—dietary deficiency or disease as in Scarlet Fever.

In the control of haemorrhage we must know our arterial and venous supply and, where possible, clamp or ligate. If haemorrhage is from single or multiple sockets, it is controlled by oxycellulose and pressure, or tannic acid glycerine mixture and pressure. When gauze is not sufficient, a modelling compound impression is taken, a haemostatic applied and held in place for 20 minutes. Points of bone seepage can be crushed and then packed.

In extreme cases, hospitalization with following transfusion may be necessary and we should be familiar with blood types and groupings. Asepsis and control of infection are always necessary.—J. A. Folkins, D.D.S., Vancouver, B. C. *Journal of Canadian Dental Ass'n.*, May, 1952. J.N.L.

## INFANT CARIES EXPERIENCE DURING AND AFTER THE WAR IN JAPAN

A survey of dental conditions of children up to age seven was made in 1948.

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This comprised those born and brought up during the war years.

In 1950 another survey was made on children aged 0 to 6 years and classified as those living in "great cities," "small and medium cities," and "towns and villages."

The first survey indicated that with wartime or poor living conditions, eruption was delayed for nearly a year and caries was inhibited.

In the second survey on post-war babies, the eruption time again became normal and caries incidence increased, but not to the high of pre-war years.

Classifying by districts indicated that infants in rural districts were not so seriously influenced by war as those in cities.

In general, as physical and mental conditions worsened, the incidence of dental caries decreased.—*"The Peculiarities of Infants Caries Experience in Consequence of Various Changes in Living Conditions During and After the War."* From the *Shikwa Gakuho (Journal of Tokyo Dental School)*, March, 1952.  
J.N.L.

\* \* \*

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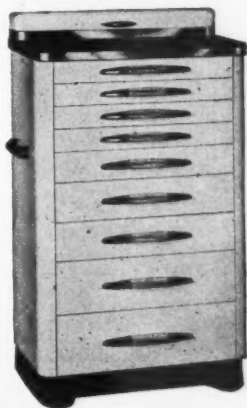
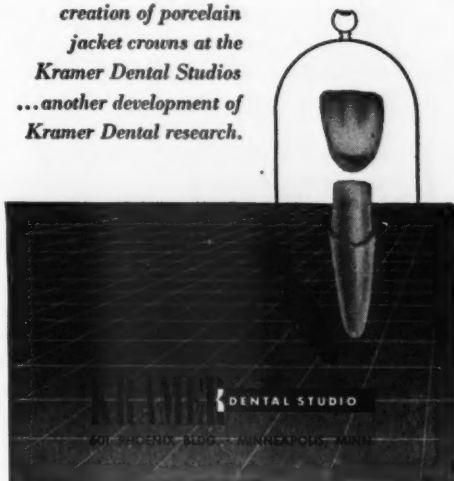
(Continued from page 16)

with humility, gratitude, and honesty. To live this day and do the best job that he could do.

There was a young soldier who at the end of the war was exhausted and emotionally upset and in the hospital. He worried. He lost weight. He even thought he was losing his mind. The Army doctor, after a complete physical examination, said, "Jim, I want you to think of your life as an hourglass. You know there are thousands of grains of sand in the top of the hourglass, and they all pass slowly and evenly through the narrow neck in the middle. Nothing you or I could do would make more than one grain of sand pass through this narrow neck without impairing the hourglass. You and I and

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everyone else are like this hourglass. When we start in the morning, there are hundreds of tasks which we feel that we must accomplish that day, but if we do not take them one at a time and let them pass through the day slowly and evenly, as do grains of sand passing through the narrow neck of the hourglass, then we are bound to break our own physical or mental structure. Easy does it!"

Sometimes I wish we had courses in dental school to teach us (or I should say, me) how to live. I have only the right to speak for myself but I have found that helping others is the greatest happiness in life. Following is a story of some big men and the way their lives ended.

A very important meeting was held in 1923 in the Edgewater Beach Hotel. Present were eight of the world's greatest financiers. They were, respectively, the head of the largest independent steel company, president of the largest utility company, president of the largest gas company, president of the New York Stock Exchange, a member of the President's cabinet, the greatest "bear" on Wall St., head of the world's greatest monopoly, and president of the Bank for International Settlements. Here was a group of successful men, by normal standards. Carry the calendar forward 25 years. This was the record in 1948. The president of the largest steel company, Charles Schwab, died bankrupt and lived on borrowed money for five years preceding his death. The head of the largest utility company—Samuel Insull—died penniless in a Paris subway. The president of the largest gas company, Howard Hobson, became insane. The stock exchange president, Richard Whitney, and a New York socialite, had just been released from Sing Sing penitentiary. The cabinet member—Albert Fall—was pardoned from prison so he could die at home. The greatest "bear," Jesse Livermore; the monopoly head, Ivar Krueger; and the head of the international bank, Leon Fraser; all died suicides. These men all learned the art of making money. But none of them learned how to live.—*Olaf S. Opdahl.*

